



The Peninsula School

A School in association with the
Anglican Church of Australia

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TO WHOM IT MAY CONCERN

On Tuesday August 24 our Year 12 students attended a motivational workshop conducted by Darren Pereira. Darren is a well known international speaker who specialises in motivating senior secondary students. Darren's presents his message in an engaging and energetic manner, keeping our Year 12's totally involved for well over 90 minutes. Darren's message is about how you can achieve your B.E.S.T and he uses the acronym to describe each step in the process:

- B - belief
- E - effort
- S - single-mindedness
- T - toughness.

As Darren described the session, it was a great 'emotional shower' for our Year 12's as they began what is going to be the most difficult and challenging time of their secondary school careers.

The students were completely energised by the experience and we trust that they will use some of Darren's strategies in the months to come.

We are confident that Darren will become a regular presenter to our Year 11 and 12 students, and we look forward to him presenting the Shape Your Destiny seminar at the Year 12 camp in January 2006.

David Baker
Head of Senior School

