

To Whom It May Concern

I would like to take the opportunity to thank Colin McLoughlin and Darren Pereira for their help and support during the 9 weeks I participated in the Effective Personal Productivity and time management course.


Prior to attending this course I had reach a stage were I had lost sight of my goals, I was heading in a downward spiral and continually struggling to reach targets. My team were suffering from lack of leadership and direction. I had reached the point of "No Return", or so I had thought.

Management informed me that I was to attend this course; at the time I advised my manager that I didn't have TIME to attend a "Time Management course", the response was "that's why you are going"!!. Once the course started I missed the first 2 weeks due to illness, and thought I wouldn't catch up or benefit much from the remaining seven weeks. How wrong I was!!!

Darren Pereira, took time out to coach me through the first two weeks which was invaluable, from there I attended our weekly sessions, and cannot even begin to tell you how much I personally took away from this Course. I have attended many motivational courses over the years, but nothing has ever left such an impact or given me the tools in which to change my life, both personal and business the way this course did.

I personally found this course to be a "life saver" and would recommend it to everyone who is, in business, in the general work force or would just like to get more out of their day.

Many thanks to all involved.



Regards
Tracey Hughes

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